



NOVEMBER 2020 NEWSLETTER

## WINTER FISHING TIPS

**As Winter sets in and colder weather joins our fishing activity, there are some things you need to be aware of when out on the water.**



### **Flat-Water Risers**

If you are looking for risers on a nice winter day, concentrate on flat water in pools as well as shallow water that warms quickly.

### **Small Flies**

Cold-weather bugs are almost always small and mostly midges. In late winter and early spring, Baetis and black stoneflies can hatch, but they are also small. Fill your winter box with mostly small subsurface patterns, a few dry flies for those opportunities when they arise, and a few meat-and-potatoes flies such as stonefly nymphs and streamers. Egg patterns are also excellent choices.

### **Slow and Low**

The colder the water, the deeper and slower you should fish your fly. Fish won't move far to take streamers, so try dead-drifting them under an indicator. Break the water into rows and methodically fish each one.

### **Spring Creeks and Tail Waters**

Spring Creeks and Tail Waters Focus on springs, creeks and tail waters, which don't freeze in the winter and have more stable water temperatures.



**Don't Leave Fish to Find Fish**

Winter fish tend to pod up, so if you catch one, don't move to a better spot. You're probably in it.

**Ice-Free Guides**

Chap stick, Vaseline, or cooking spray on your guides reduces the amount of ice build-up.

**Fish Smarter**

Once the guides ice up, use roll and Spey casts to fish as much as possible without stripping in line. With these casts, you can also keep your hands toasty in mittens.

**Think Springs**

Springs entering a river keep water cool in the summer and ice free in the winter.

**STAYING WARM**

***Don't go into the water if you don't have to.***

**Bring a spare** set of clothes and keep them in your vehicle for emergencies. Carry a waterproof case of strike-anywhere matches in case you need to build a fire.



**Boot-foot waders are warmer** than stocking foots because they are generally less constricting and allow more circulation. Regardless of boot type, make sure there's room in your boots and your feet aren't constricted. Wool and most other materials provide insulation by trapping warm air in the spaces and in the fibers. If your wading boots are too tight, even good socks can't perform their function.

**Breathable waders** are fine in winter-if you layer properly. Start with a thin, tight base layer that wicks moisture and keeps your skin dry and then add one or two layers of fleece pants - depending on the air and water temperature. Your waders should keep your lower body warm under all but the most severe conditions. Wear thin sock liners and good socks.

**A warm fleece** or wool hat, or a balaclava, under the hood of your wading jacket can keep you warm on cold days. An exposed head loses body heat quickly. If you get warm in the afternoon, your hat may be the only layer you need to remove.



**Warm packs** designed for boots and gloves provide a quick source of heat (Grabber Mycoal is one popular brand).

**Bring two or three pairs** of wool, fleece, or neoprene fingerless gloves on cold winter days. Leave an extra pair of mittens in the car just in case. An extra pair of dry gloves in your vest can keep you fishing after everyone else goes home. Stuff some inexpensive liner gloves into your vest or pack. They don't take up space, but you'll appreciate the spare set if you get your main gloves wet or leave them at home.

**Blood flow to your feet** and hands decreases when your core body temperature decreases. Keep your extremities warm by properly layering your torso and legs to keep your core body temperature warm.

**Sole Savvy** - Felt soles collect snow and become cumbersome and dangerous. Sticky rubber with studs are best.

**Eat lots of protein**, carbohydrates, and fats. You need to keep the fires stoked to stay warm. Bring along a thermos of your favorite hot beverage. Prime it by pouring boiling water into it and letting that sit for 10 minutes or so before dumping it out and putting in your drink.

**Save the alcohol** until you 're inside. We feel cold when blood flows from our skin into the organs to keep our core temperature warm. After drinking alcohol, blood flows to the skin (making us feel warm and our faces flush), which makes our core body temperature decrease rapidly.



*Photos: Dale Zemke on the "A stretch" of the Green River, Flaming Gorge, Dutch John UT.*





**CALENDAR**

Nov 15<sup>th</sup> – Monthly Club Meeting if it will be held. Watch for updates  
 Dec 15<sup>th</sup> – Club Christmas Party if it will be held. Watch for updates  
 Jan 19<sup>th</sup> – Monthly Club Meeting if it will be held. Watch for updates  
 Feb 16<sup>th</sup> – Monthly Club Meeting if it will be held. Watch for updates  
 Mar 16<sup>th</sup> – Monthly Club Meeting if it will be held. Watch for updates  
 Apr 20<sup>th</sup> – Monthly Club Meeting if it will be held. Watch for updates

**THE KCFC MISSION STATEMENT**

We, the Klamath Country Fly Casters, out of a vital interest in the sport of fly fishing, do hereby join to promote fly fishing as a method of angling, to encourage youth to learn this method of angling, and to promote and participate in meetings to educate all persons in the many aspects of fly fishing as a sport. We agree to make every effort to protect and improve fishing resources in our area by encouraging the practice of catch and release fishing of wild, native fish and by supporting fly fishing organizations in other areas in the overall quest for improvement and perpetuity of fishing resources.

**OFFICERS AND BOARD**

**John Krueger**

[jk@timefliesoutfitters.com](mailto:jk@timefliesoutfitters.com)  
 President

**Lois Krueger**

[lk.timefliesoutfitters@yahoo.com](mailto:lk.timefliesoutfitters@yahoo.com)  
 Vice President/President Elect

**Marie Ganong**

<http://mganong@aol.com>  
 Treasurer

**Carl Gurske**

<http://carlgurske@gmail.com>  
 Secretary

**Carol Ann Meadows**

[meadows.carolann@gmail.com](mailto:meadows.carolann@gmail.com)  
 Past President

**Peter Calvo**

[nognedr@petercalvo.com](mailto:nognedr@petercalvo.com)  
 Board Member

**Jim Eiman**

[jieiman@gmail.com](mailto:jieiman@gmail.com)  
 Board Member

**Bob Kingzett**

[bobk@wendtff.org](mailto:bobk@wendtff.org)  
 Board Member

**Kevin Westfall**

[kevincwestfall@gmail.com](mailto:kevincwestfall@gmail.com)  
 Board Member

The members of the board of Klamath Country Fly Casters put forth this statement:

"We invite people to become board members of the Klamath Country Fly Casters who wish to promote a healthy and harmonious sense of collegial spirit within the environmental milieu of our board. We on the board, choose to care for the well-being of board members, Club members, and for our fly-fishing community. We ask those who want to be board members to practice positive intervention, to work harmoniously with other board members, and to be willing to promote well-being amongst fellow members of the Klamath Country Fly Casters and our community."

**COMMITTEES**

Conservation: Vacant

Education: Greg Williams

Fly Tying: Ralph Carestia

Membership: Mark Kelley

Outings Coordinator: Kris Henry

Programs: Bob Kingzett

Social Events & Auction: Lois Krueger

Monthly Raffle: Marie Ganong

ORCFFI Club Representative, Newsletter Editor, Budget and Communications: Dale Zemke

Regular KCFC meetings are held on the third Tuesday of the month, September through May, at the Waffle Hut 106 Main Street, Klamath Falls. Dinner starts at 6:00 with the meeting beginning at 7:00. Board members, please be there at 5:00.

The KCFC website is: [www.klamathcountryflycasters.com](http://www.klamathcountryflycasters.com)



**PRESIDENT'S MESSAGE** from John Krueger

Happy Fall Ya'll

It's that time of year....chilly mornings, changing leaves and early nights. It's been a tough one on a lot of us this year and I think we are all waiting for this year to be over.

On a more positive note, take time this month to be grateful for the things that make you happy.

Have a wonderful Thanksgiving, enjoy your family, be safe and well and continue to keep in touch with your fellow fly fishing friends.

All the best,  
John Krueger



## Klamath Country Flycasters 2020-2021 Scholarship

2020-2021 Scholarship Recipient  
Mattie Smith  
Environmental Sciences  
Class of 2023  
Klamath Falls, OR



### A little bit about me:

I grew up in Klamath Falls in a family of five. I have always had a strong interests in science and all things outdoors. When I am not at school or work, I am hiking, backpacking, kayaking or fly fishing. I love the Klamath Falls area because it allows me to do all of that without having to go far.

Throughout high school I was involved in multiple community service groups and am looking for similar clubs at Oregon Tech to join this fall. I love giving back to the community that raised me.

### Why I chose Oregon Tech:

Oregon Tech was not my first choice originally, but after a lot of research I decided it was my best option and am thankful I did. I was undecided on what degree I wanted to pursue but Oregon Tech had multiple majors that I was interested so I could explore my options. The intimate class sizes is another major factor that drew me to Oregon Tech. Other schools do not allow for the same kind of relationships with professors.

### Thank you so much for your support!

I am so grateful to be receiving the Klamath Country Flycasters Scholarship. It truly means so much to be provided with the help to pursue further education. I am eternally thankful to have been chosen for this opportunity. This scholarship will help so much and will allow me to focus more on school and less on paying for school. I am so appreciative of this scholarship and the help it provides me to excel this school year.

### Something unique about me:

I spend much of my time backpacking, fishing and beekeeping. Beekeeping is one of my biggest passions and I hope to spend more time growing my hives in the future. Working with bees has taught me the value of hard work. I work hard in every aspect of my life and am able see the



rewards in school and work. Many of the other employees at my job do the bare minimum and my work ethic is what sets me apart to my bosses.

### My favorite professor at Oregon Tech:

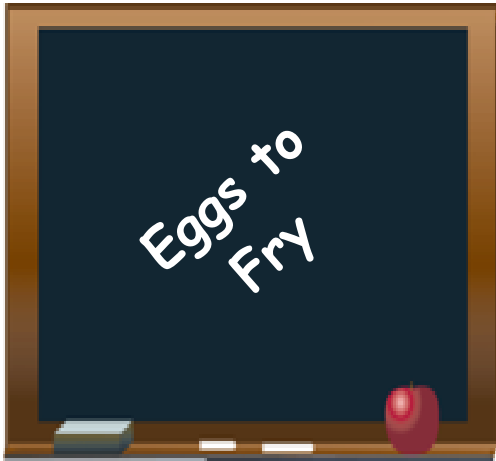
Professor Rosalind McClure had the largest impact on me in my first year as a college student. She showed such an interest in every student no matter what the situation was. She took the time out of her own day to help me multiple times and it meant so much to me. I have seen her multiple times over the summer at the coffee stand I work at, where she recognizes me and is extremely kind. All my professors at Oregon Tech were amazing but Professor McClure was definitely my favorite. I look forward to building stronger relationships with all my professors in the coming years.

### Receiving this scholarship means:

Receiving this scholarship means so much to me. I am paying for my college myself and having the help that this scholarship provides will allow me to spend more time studying and less time at work. In addition to the financial help, this scholarship is extremely encouraging. It is amazing to know that someone else believes in my academic abilities enough to want to help in such a way.



## COVID-19 AND WILDFIRES IMPACT EVERYTHING!



This year could have easily seen the Eggs to Fry program's cancellation in light of the ever changing classroom situation as we live in this pandemic. Dale Zemke has queried the teachers, Library and YMCA regarding their desire to do Eggs to Fry this year. So far we have had 9 YES responses, teachers that want to do it whether in the classroom or over the internet to their students. Dale has also received 5 NO responses and is following up with 1 other that has not responded at the time of this article.

It will take some creativity to figure out how to get the Eggs to the teachers safely for all involved, but we already have at least 2 volunteers (Mary and Greg Williams) to deliver eggs and we will continue to coordinate with Jennifer Luke of ODF&W and Akimi King of the USF&W to get the eggs from the Roaring River hatchery (in the Lebanon, OR area) to the classes (wherever they are). The delivery of the Eggs is complicated by the loss of the Klamath Hatchery Office and Hatch Building in the wildfire. But we will figure it all out and make it a go. If the teachers can be this flexible and dedicated, so can we.

If you want to be involved in this effort this year, please contact our Eggs to Fry Coordinator, Dale Zemke, by emailing him at [dale\\_zemke@yahoo.com](mailto:dale_zemke@yahoo.com) or **TEXT him** at (714) 349-5129.





**ANNUAL CLUB DUES ARE PAST DUE!**

Following our KCFC bylaws, membership renewals and dues were due as of October 1<sup>st</sup> each year. As of November 1<sup>st</sup>, the membership fees were considered **Past Due!**

In an era of ever-rising prices, our Club dues are still **\$35.00** per family! And, that includes two adult voting members!

Please print and fill out this form and either bring it to the December 19<sup>th</sup> Christmas Party along with your dues, or mail them to:

Klamath Country Fly Casters  
PO Box 324  
Klamath Falls, Oregon 97601

First voting member:

Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

Email:

\_\_\_\_\_

Telephone:

\_\_\_\_\_

Second voting member:

Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

Email:

\_\_\_\_\_

Telephone:

\_\_\_\_\_



## Hooked on Fish by Dale Zemke



### Roasted Fish With Sweet Peppers

from [cooking.nytimes.com](http://cooking.nytimes.com)

Cook Time: 40 min  
Serves: 3 to 4 servings

#### Ingredients

- 1 small bunch fresh lemon or regular thyme
- 1 ½ lb Hake, Cod or Flounder fillets, Bake fish 10 minutes for each inch thick
- ½ tsp fine sea salt, more as needed
- Black pepper
- 3 large bell peppers, preferably 1 red, 1 orange and 1 yellow, thinly sliced
- 4 ½ tbsp extra-virgin olive oil, more for drizzling
- ¼ cup pitted, sliced black or green olives, or use a combination
- 1 tsp sherry vinegar
- 1 garlic clove, grated
- 1 cup loosely packed Italian parsley leaves, chopped



## Preparation Steps

1. Heat oven to 400 degrees.
2. Pull 1 tablespoon thyme leaves off the bunch and finely chop.
3. Season fish all over with a large pinch or two of salt and pepper and rub with chopped thyme leaves. Let rest at room temperature while you prepare peppers.
4. Spread peppers on a rimmed sheet pan and toss with 1 1/2 tablespoons oil, 1/2 teaspoon salt and the black pepper. Top peppers with the remaining thyme sprigs. Roast, tossing occasionally, until peppers are softened and golden at the edges, 15 to 20 minutes.
5. Increase oven temperature to 500 degrees. Push peppers to the edges of the pan, clearing a space in the center. Lay fish out on that empty space and drizzle with oil. Scatter olives over the top of fish and peppers. Roast until fish turns opaque and is just cooked through, 6 to 10 minutes.
6. Meanwhile, combine vinegar, garlic and a pinch of salt in a bowl. Whisk in remaining 3 tablespoons olive oil, then whisk in parsley. Taste and add more salt or vinegar, or both, if needed. Serve fish and peppers drizzled with vinaigrette.

### Nutrition

Calories: 456

Calories: 456

Fat: 23 grams

Saturated Fat: 3 grams

Cholesterol: 97 milligrams

Sodium: 678 milligrams

Carbohydrates: 19 grams

Fiber: 4 grams

Protein: 42 grams



## Fishing with Club Members:

If you decide to go fishing and would like some company, take some club members fishing with you. Contact Kris Henry at 541-880-8105 or <http://kj9henry@gmail.com> and give about 4 days' notice of the fishing event to provide time to get the word out. Leave Kris your telephone number or email so that others can contact you about going fishing with you. Kris will then see that the word of the event gets out in a club-wide email to announce your invitation to go fishing, and he will have those interested contact you directly.

## Reminder - the following offer PAID MEMBERS of the Klamath Country Fly Casters Club discounts when making a purchase

Parker's Rod & Gun Rack at 7364 S 6<sup>th</sup> St offers a 10% discount on purchases when a current club membership card is presented

The Ledge at 369 S 6th St provides a 10% discount on purchases when a current club membership card is presented.

Timeflies Outfitters at 541-539-1505 or [jk@timefliesoutfitters.com](mailto:jk@timefliesoutfitters.com) offers up to a 15% discount on fly tying materials & tools as well as all fly fishing gear & flies, to current members of the Club.





## INDISPENSABLE FLIES, by Ralph Carestia

### Yellowstone Soft Hackle



Simple soft-hackle wet flies imitate nothing in particular yet they catch trout everywhere. The beauty in simplicity soft-hackle wet fly is its bareness, in the liveliness of its soft hackle fibers it suggests all that seems necessary to tempt fish. Because of its simplicity it's also one of the easiest flies to tie—and often one of the deadliest. The Yellowstone Soft Hackle is a fantastic large soft hackle pattern.

The Yellowstone Soft Hackle is a great choice for fishing early fall runners on the Deschutes River in September, particularly on warmer Indian summer days when fish are laying low and not willing to chase flies. It's also a proven producer on the Crooked River in central Oregon, where trout love to chase swinging flies during both spring and fall. The most basic version of the soft-hackle fly consists of a hook shank wrapped with thread, floss, or antron yarn and a hackle (partridge, grouse, hen neck) wound around the forward part of the shank. Here the hackle suggests the legs or emergent wings of various insects such as caddis or mayflies. Slightly more elaborate versions include adding Cul De Canard in front of the hackle, as shown here.

Probably the most common way to fish a soft-hackle wet fly is to cast it across and slightly downstream, letting it sink and then swing in the current, rising with the tightening line much as a natural rises to the surface before hatching. It's on this rise that fish usually strike. On lakes a soft hackle fly cast in front of a cruising trout and then twitched slightly can be absolutely deadly.

## Yellowstone Soft Hackle

### Materials:

**Hook:** Daiichi 1760 or TMC2312 - size: #10 - #14  
**Thread:** 8/0 or 6/0 in a color to match the body  
**Tail:** Gadwall or Mallard Flank – died wood duck  
**Body:** Antron Yarn – Olive/Grey  
**Rib:** BR silver, copper or gold wire  
**Collar:** Hen or partridge hackle in a color to match  
**Over Collar:** Cul De Canard – Callibaetis or Medium Dun

### Instructions:

1. Wrap about 10-15 turns of lead-free solder around the center of the hook. Begin wrapping the thread from just behind the solder to slightly around the bend of the hook.



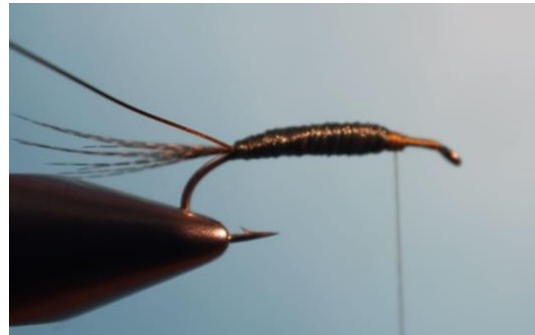
2. Tie in about six gadwall flank fibers to form a tail about the length of the hook. Use crossing wraps over the lead wire and finish off by building up thread behind the lead so it can't slide back on the hook.



3. Tie in a piece of gold wire so the tip is where the lead wrap ends and tie in the wire to the bend of the hook.



4. Select a single strand of the olive dyed antorn yarn; tie on top just behind the wing base and tie it down with spiral thread wraps along the top of the shank to the base of the tail. Advance the thread forward to the wing base. Wrap the acrylic yarn forward in touching turns to the wing, and take two turns of thread to hold the yarn in position.



5. Wrap the gold wire forward in the opposite direction of the olive yarn. This is called a counter-wrap and makes the fly more durable. Tie off the wire at the 75 percent mark.



6. Strip fibers from one side of the stem of the olive dyed hen hackle feather (concave side down) and tie in on top of hook shank and trim excess. Length of hackle may vary from long to short (your choice) but I prefer the tips on most flies to extend slightly beyond the bend of the hook.



7. Wind the feather around hook (three turns is best dressed sparsely.) Trim excess.



8. Select a correctly sized Cul De Canard – Callibaetis color, strip any fluff from the lower stem, and tie it on top of the hook shank with the dull side facing down. Tie in the Cul De Canard hackle. Using your hackle pliers, control the hackle as you wrap it forward two to three turns. Two turns will be about right to get maximum movement of all of the fibers.





9. Tie off the head neatly and whip-finish.



TOP VIEW



BOTTOM VIEW



SIDE VIEW

