



# NEWSLETTER

## “Fisheries of Klamath and Lake Counties”

*with Bill Tinniswood*



### Calendar

March 7-9: Fly Tyer & Fly Fishing Expo in Albany

March 18: Meeting with Bill Tinniswood

April 1: Pyramid Lake Trip

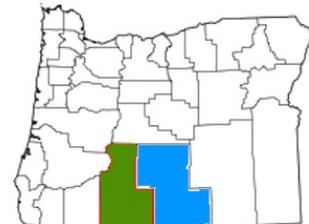
April 15: Meeting with Nathan Bailey

May 10: Redband Rodeo

May 16-18: Sandy River Spey Clave

May 20: KCFC Auction

May 31: Outing to Lake Juanita



Get ready for KCFC’s most well-attended program of the year! On March 18, we will be treated again to Bill Tinniswood’s annual talk on the fishing opportunities in Klamath and Lake Counties.

As a fish biologist with ODF&W, Bill has all the information on which streams and lakes are set to fish well this year, and which ones you might want to skip.

Bill welcomes your questions, and is always gracious about answering them. Be sure to bring your notepad and pen for taking notes; he will flood you with information!

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**THE KCFC MISSION STATEMENT**

We, the Klamath Country Fly Casters, out of a vital interest in the sport of fly fishing, do hereby join to promote fly fishing as a method of angling, to encourage youth to learn this method of angling, and to promote and participate in meetings to educate all persons in the many aspects of fly fishing as a sport. We agree to make every effort to protect and improve fishing resources in our area by encouraging the practice of catch and release fishing of wild, native fish and by supporting fly fishing organizations in other areas in the overall quest for improvement and perpetuity of fishing resources.

*Regular KCFC meetings are held on the third Tuesday of the month, September through May, at Elmer's Restaurant, 3030 S. 6th Street, Klamath Falls. Dinner starts at 6:00 with the meeting beginning at 7:00. Board members, please be there at 5:00.*

*The KCFC website is: [www.klamathcountryflycasters.com](http://www.klamathcountryflycasters.com)*

**NEW CLUB MEMBERS**

Please welcome our newest KCFC members! Make sure to look for Jack and Sharon Bailey at the next meeting. Introduce yourself, and welcome them into our fly fishing family!



**COMMITTEES**

Conservation: Greg Bulkley

Education: Patrick Stroup

FFF Liaison: Dale Zemke

Fly Casting Events: John Hyde

Fly Tying: Ralph Carestia

Membership: Mark Kelley

Mentoring: Dave Biddison

Monthly Raffle: Peg Edwards

Newsletter: Carol Ann Meadows

Nominating: Dick Siemens

Outings: Jim Ricks

Programs:

Social Events/Annual

Auction: Lois Krueger

## PRESIDENT’S REPORT, by Dale Zemke

Spring is fast approaching, although it is difficult to tell when it is spring or winter this year. Obviously the largest concern is going to be water and water conditions for fish this year. It could be tough all the way around. Here is hoping things improve in the next few months for all.



The Board has agreed to a list of activities that the Club will be involved in for the foreseeable future, and I felt that the membership should see what the club has on it’s plate and will understand why we seem to be constantly passing around sign-up sheets for one thing or another. It is a busy schedule for the year, and I guess I have had a lot to do with making it even more busy and I do not apologize for that. But these things have proven to be very enjoyable for those who have involved themselves and I think the new areas will prove to be enjoyable also.

Activities that the Club will concentrate on for the foreseeable future:

Meetings: Continue as in the past - including the June Fly Casting Clinic at Moore Park

Education Activities and Events:

- Eggs-to-Fry - Pick up eggs from hatchery and deliver to schools in the city and county
- P.L.A.Y. Outdoors - Fly tying and casting instruction at the Klamath County Fairgrounds
- ORCFFF Knot Tying Table at the annual NW Fly Tyers & Fly Fishers Expo in Albany, Oregon
- KBRT’s “Redband Rodeo” / “Link River Festival” - Fly casting, fly tying, & knot tying demonstrations with information regarding fly fishing and the Club at Moore Park
- RAP Summer Camp - Fly tying lesson at Esther Applegate Camp, Lake of the Woods in June
- Pre-meeting one hour seminars - Beginning with September 2014 meeting
- Monthly Fly Tying Round Table - under leadership of John Krueger
- Conservation: Projects and ad hoc work parties as they occur
- Outings: Strive for at least of 6-7 fishing outings over the period of April through October

Generally, as a club, we will not get involved in activities that are not specifically related to fly fishing. We will, however, make known to the membership that there are other events that are teaching children how to fish that may not be fly fishing and let them know who they can contact if they want to get involved and help out.

Until we meet - Tight Lines!

## NW FLY TYER & FLYING EXPO

The NW Expo has been heralded as the “largest fly tying event west of the Mississippi”. Come to the Expo and be part of the crowd of fly tiers and fly fishers building their knowledge and seeing old friends.

Admission:

General Admission: \$7.00

FFF Members, Veterans and Youth 18 & Under: FREE

Parking is also FREE

Visit the website [www.nwexpo.com](http://www.nwexpo.com) for more information!

 A poster for the Northwest Fly Tyer & Fly Fishing Expo. The text on the poster includes:
 

- Northwest Fly Tyer & Fly Fishing Expo**
- March 7, 8, 9, 2014**
- Linn County Expo Center, Albany Oregon
- Expanded to 3 Days!**
- Classes**
- Vendor Booths**
- Tying Demonstrations**
- Casting Demonstrations**
- Auctions & Raffles Daily**
- Benefit Banquet & Auction**
- New Show Hours:**
- Friday & Saturday 9:00 am - 5:00 pm
- Family Fun Day - Sunday 10:00 am - 4:00 pm
- Admission:**
- FFF members, Veterans and youth under 18: FREE
- Non FFF members \$7.00
- Oregon Council**
- [www.nwexpo.com](http://www.nwexpo.com)

## TIPS AND TRICKS, from John Hyde

*From time to time we will be including some of John Hyde's always informative tips and tricks for fly fishing. Here is part one of "How to Avoid Wind Knots." Watch for part two next month!*

How to avoid wind knots? Cast when the wind is not blowing! Really, the wind has nothing to do with it. Wind knots are usually caused by what is called a tailing loop, which is the end of your fly falling below your line just before it turns over, causing a tangle or wind knot. There are several causes for tailing loops. I will discuss one this month and will cover more in the future.

**Problem:** On your forward cast, if you drift forward slightly before the line straightens out behind you, you have a shorter distance in the stroke to apply the power and you end up punching and overpowering the rod.

**Correction:** After stopping the rod on your back cast, drift the tip of your rod back a few inches while your loop straightens out, then make a nice smooth acceleration forward to a stop.

I hope this makes sense. I will write about some other problems and solutions in the future.



## CUSTOM GARY ANDERSON FLY ROD RAFFLE



Good news! All the tickets have been sold for the fly rod that will be custom made by Gary Anderson. The lucky winner's name will be drawn at the March Club meeting and although you do not have to be present to win, it will be fun to watch!

## OUTINGS UPDATE

Here are the KCFC outings currently being planned:

April 1-5, 2014 - Bob Gregory is planning a trip to Pyramid Lake in Nevada

May 16-18, 2014 - Greg Bulkley will organize an outing to the Sandy River Spey Clave

May 31, 2014 - Dale Zemke is planning a day trip to Lake Juanita near Macdoel CA

July - Doug Barnes will put a trip together - Destination & Date(s) to be determined

July/August - Toby Loetscher will organize a trip to Gold Lake, OR - Date(s) to be determined

September - John Staunton will organize a trip to Medicine Lake - Date(s) to be determined

Watch for more information on each of these outings!

## STAYING FOUND, a follow-up on Rose Beardsley's program

People who came to the February meeting were treated to an entertaining and very informative program given by Rose Beardsley of the Sheriff's Department Search and Rescue team.

Many of us think that staying safe in the outdoors is a matter of common sense. While that is certainly true, Rose gave us lots of ways to think about improving that common sense! Here are the "Ten Essentials Plus One" tips she presented:

1. Navigation: Have a map of the area, compass, GPS, and the ability to use them.
2. Insulation: Dress in layers and avoid cotton clothing.
3. Illumination: Carry a flashlight or headlamp AND EXTRA BATTERIES.
4. First Aid Supplies: Include Band-Aids, antibiotic cream, moleskin, insect repellent, and toilet paper. If you take personal medications, be sure to have enough for at least 24 hours.
5. Sun Protection: Have sunglasses, sun screen, long sleeves and a hat.
6. Fire Starter: Carry waterproof matches, a striker and fire starter. Practice starting fires before you leave home!
7. Repair Kit/Tools: Include duct tape and a knife.
8. Nutrition: Carry energy bars or gel, jerky, dried fruit, trail mix.
9. Hydration: Carry more water than you think you will need; drink often.
10. Shelter: Carry an orange-colored poncho, and bivy sack or non-mylar space blanket.
11. Communication: Take your cell phone, a whistle and a mirror.



Rose informed us that the Sheriff's Department does NOT charge lost or injured people for a rescue mission. She urges us to call 911 and seek help if we are lost or injured. The sooner Search and Rescue learns of a problem, the sooner we can be helped! Watch upcoming newsletters for selected safety tips from Rose's talk!

## THE 2014 KCFC AUCTION IS COMING!

This year's KCFC fundraising auction will be held May 20, 2014. That may seem like a long way off, but the Auction Committee is already hard at work.

As in past years, we will have the oral auction, a silent auction and the bucket raffles. If you have items you would like to donate to the auction, please contact:

Lois Krueger	<a href="mailto:lk.timefliesoutfitters@yahoo.com">lk.timefliesoutfitters@yahoo.com</a>
Peg Edwards	<a href="mailto:edwrmed@aol.com">edwrmed@aol.com</a>
Carol Ann Meadows	<a href="mailto:kcfnews@gmail.com">kcfnews@gmail.com</a>



We would like to have all items collected by the April KCFC meeting so that we will have time to prepare a list for you to see.

## PYRAMID LAKE OUTING



The first KCFC outing of the year will be to Pyramid Lake, Nevada, April 1 through 5, and will be led by Stream Keeper, Bob Gregory.

Bob sets up camp right on the lake shore at Separator Beach, but there are plenty of other campgrounds and motels nearby. He has all the particulars on the area, fishing regulations, and the special equipment needed, but further in-depth information can be found at [www.pyramidlakeflyfishing.com](http://www.pyramidlakeflyfishing.com).

There will be a sign-up sheet at the March Club meeting for those who might have interest in going to Pyramid Lake during the first week of April. Signing up is not a commitment, but simply a starting point in getting information to the interested parties. So, talk to Bob, visit that great website, and come to the March meeting prepared to sign-up for the first Club outing of the year.

You may contact Bob at 541 884-0092 or email Dale Zemke at [dale\\_zemke@yahoo.com](mailto:dale_zemke@yahoo.com), and he will make sure your name gets to Bob.

## UPCOMING OUTING TO LAKE JUANITA

Contributed by Stream Keeper, Dale Zemke:

Lake Juanita is the Club's May outing destination. Juanita is located approximately 4 miles south and 4 miles west of Macdoel, CA. It is a small, high altitude lake that is not heavily visited or fished. It is, however, stocked with trout and has a population of large mouth bass and catfish. I have not personally fished this lake, but both Bob Gregory and Marshal Moser have told me it fishes well and that the facilities are excellent. There is about a 1.5 mile trail around the lake with two fishing jetties. There is also a concrete boat launch ramp and a fish cleaning station. (Hey - the trout are stockers after all!) No motors of any sort, fuel or electric, are allowed, but the size of the lake makes it excellent for row boats, float tubes, pontoon boats, canoes, or kayaks. The water stays cold all through the summer, so it must be spring fed. You probably want to dress accordingly if float tubing.



This will be a day trip. Please bring your own food and beverage. Drinking water and vault toilets are available. There is no day use fee at this US Forest Service campground, only a fee if you are overnighting. I visited this lake last fall and it is a lovely location, and well worth a try as a nearby fishing opportunity, even though it is in California. A 1 day license is \$14.86 or a 2 day for \$23.25 for residents and non-residents alike. The license can be obtained online at <http://www.dfg.ca.gov/licensing/ols/>.

A sign-up sheet for interested parties will be circulated at the March meeting and you can also direct inquiries to me, Dale Zemke, at [dale\\_zemke@yahoo.com](mailto:dale_zemke@yahoo.com).

## GOLD LAKE OUTING



Toby Loetscher is organizing a Club outing to Gold Lake in late July. (July 26?) Gold Lake is a very good trout lake north of the Willamette Pass summit off Highway 58, with rainbows and brook trout up to 20 inches. Fishing is restricted to fly angling with barbless hooks. The catch is at least 5 to 1 brook trout to rainbow, and anglers are encouraged to catch and keep any quantity of brookies. Rainbows must be released unharmed. Fishing holds up well due to the short season and restricted tackle. Fish range from 6 to 20 inches. Gold Lake is about 1/2 mile long and has slightly more than 100 surface acres. Although it can be fished from shore, it's pretty bushy, and a boat (hand-powered only) is strongly recommended.

This will be a day trip. Plan to meet early and carpool, returning home in time for dinner! More information will be coming about this great outing, so keep watching the newsletters!

## HOOKED ON FISH, by Dale Zemke

If you want a taste of the South in an easy recipe that is filling and tasty, give this a shot. There are tons of Cat Fish Stew recipes out there, but I have found this to be simple and pretty straight forward. I like to serve it with hot corn bread and lots of butter and honey!



### Carolina Catfish Stew

prep time: 30-60 minutes, serves: 4

#### Ingredients:

2 slices salt pork (can substitute bacon)  
 1 large onion, chopped  
 2 8 ounce cans tomato sauce  
 1 6 ounce can tomato paste  
 1/4 teaspoon oregano  
 2 bay leaves  
 1 clove garlic, minced  
 Worcestershire sauce  
 1 1/2 pounds catfish filet, cut into bite-size chunks  
 hot cooked rice

#### Directions:

In large pot, cook salt pork until crisp, then remove. (You can get sliced salt pork at Sherm's Thunderbird or Albertson's). Add chopped onion and garlic, and cook in the salt pork drippings until translucent and soft. Add tomato sauce, tomato paste and water or chicken stock (4 cups, more or less.) I prefer the chicken stock as it adds more flavor in my opinion. I normally do this with most recipes that call for water. Season with oregano, bay leaves, 2 dashes of Worcestershire sauce and salt and pepper to taste.

Simmer for 30 minutes. Add catfish and cook for 15 minutes more. Serve in bowls over rice (again, I use chicken stock instead of water to make the rice). Add a dash of Tabasco sauce to make it more spicy, if desired (put the bottle on the table!).

#### Nutrition:

261 calories, 7 grams fat, 19 grams carbohydrates, 32 grams protein per serving. Weight Watcher Points: 6

*Do you have a favorite fish recipe? Send in your suggestions! Please email [kcfnews@gmail.com](mailto:kcfnews@gmail.com). If your recipe is from a magazine or cookbook, please include that information, too, so we may credit them. Although KCFC encourages the practice of catch and release of wild native fish, we certainly do not ban eating fish! When buying fish at a grocery store, try to avoid farm-raised.*

## WILLIAMSON RIVER CLEANUP

Marshal Moser asks that we put August 2nd on our calendars as the annual Williamson River Cleanup Day sponsored by the Lonesome Duck. More details will be coming, but it sounds like a morning of work followed by a free cookout at the Lonesome Duck Ranch. Aside from being a worthy project, this will be a great way to meet other people who are also interested in keeping our rivers healthy.



INDISPENSABLE FLIES, by Ralph Carestia

HOT WIRE PRINCE

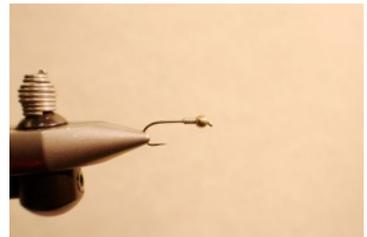
This fly is a combination of two very popular flies - the Prince Nymph and Copper John. The two-tone wire body creates a great segmented effect while adding weight and durability to the pattern. Using the two colors of wire at once is a great way to create body colors...the green and hot yellow used here produces a nice insect green shade. The combinations are endless and I am sure you could figure out exactly how many variations there are! Whip up a few of these and stash them in your box.



- Hook: TMC 3761 #10 - 16
- Bead: Gold tungsten, sized to hook
- Weight: Lead wire, sized to hook
- Tail: Brown goose biots
- Abdomen: BR size wire in Green; small size wire in Hot Yellow
- Thorax: Peacock herl
- Hackle: Brown or Furnace hen neck
- Horns: White goose biots

Instructions:

1. Slide a bead on the hook and place it in the vise. Wrap about a dozen turns or more of lead wire on the shank.



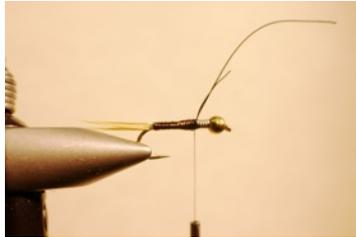
2. Start the thread behind the lead wraps and build a small thread dam from the bare shank up to the diameter of the lead at the rear edge.

3. Select two brown goose biots and oppose their curves. Measure the two biots against the shank so they are equal to about one half a shank length. Tie the biots in at the bend of the hook.

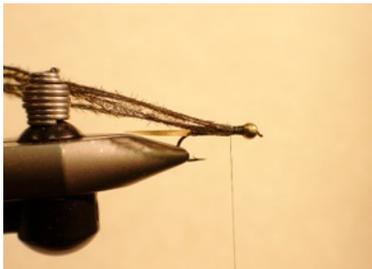


4. Even the tips of one strand of Brassie sized Green wire and one strand of small sized Hot Yellow wire. Tie both strands of wire in along the near side of the shank.

5. Begin wrapping both strands of wire forward at the same time. Try to keep the wire wraps as close together as you can. Tie off the wire at the 75% point.



6. Select four bushy peacock herls and trim their tips evenly. Tie the peacock in by its tips just behind the bead and wrap back over them to the base of the wire. Twist them with the thread and wrap forward to just behind the bead.



7. Pull a small clump of fibers from the side of a hen-back feather on each side of the hook.



- 8. Peel two white goose biots from the stem and cross them like scissor blades. I tie these in with the curves facing up. Place the biots flat on top of the shank and press your thumb down on them to hold them in place. Make a couple tight wraps of thread over the bases of the biots just behind the bead to anchor them in place. Clip the butt ends of the biots as close to the back edge of the bead as you can.
- 9. Build a smooth thread head behind the bead and whip finish.



Bottom View



Side View

### PROJECT HEALING WATERS EVENT

Peg Edwards has learned of an event planned by Project Healing Waters. It is called the Peaceful Spirit Outing, and will be held June 6,7,8, 2014 at the Warm Springs Reservation. You may contact Peg for more information, and watch the newsletter for updates.



### FLY TYING ROUND TABLE

The monthly Fly Tying Round Table has been a great success thus far. Sponsored and usually led by John Krueger, Harry Craggs stepped up to lead the group at February's meeting. We truly appreciate Carol and Kevin Westfall of the Lakeshore Landing for their hospitality!





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